

## A Message from your Vicar

**B**eing found is about becoming, it is about growing, it is about discovery. The Gospel reading from September 15<sup>th</sup> tells us of the great joy God has in discovering those who have been lost. Or maybe not about discovering those who are lost, as we are never far from God, rather what it is like for God when we find we belong, when we understand in our heart and soul that we are not alone, that we belong.

On September 15<sup>th</sup> I preached about what it means to be found, and in my preaching I did not share with you my own experience of being found. That experience involves coming home, it involves unexpected turns, and it involves anxiety and uncertainty.

As many of you know, I left Duluth in 2005 for a journey into the heart of downtown Minneapolis. I was sent to Gethsemane to revive a Church that was near death, on life support. It was an exciting opportunity but it came with great costs as well. As the eight years progressed I experienced: near death, great responsibility, loss, sadness, betrayal, and heartbreak.

Much of my thirties are marked by a sense of being in the wilderness, far from home, uncertain of what the future will bring. A whirlwind of circumstances as well as my own decisions had left me in tatters. I tried to carry the weight of the world, but it was too much.



My uncertainty and anxiety were shook loose when our Sr. Warden, Roberta Cline called. The call was short, probably too short, I should have asked more questions, but it was exciting. I ran upstairs to where my friends were watching TV, and shared the news. In my heart there was a deep sense of being found, a sense of discovery, a light was shining on my path. The rising of the sun diminished the darkness. I was waking up.

There is a song on the airwaves right now called "Wake Up". The artist is a Swedish DJ named Avicii. It captures my emotions, my feelings when I think of the process of coming to St. Andrew's.

Avicii sings:

*Feeling my way through the darkness,  
Guided by a beating heart,  
I can't tell where the journey will end,  
But I know where to start.*

GRAINS OF SAND

The Episcopal Mission of St. Andrew's By—The—Lake

*They tell me I'm too young to understand,  
They say I'm caught up in a dream,  
Well life will pass me by if I don't open up my eyes,  
Well that's fine by me.*

*So wake me up when it's all over  
When I'm wiser and I'm older.  
All this time I was finding myself  
And I didn't know I was lost.*



Coming to St. Andrew's is not about salvation. No one will be saved in this relationship. Coming to St. Andrew's for me, is about belonging. It is a homecoming of sorts; it is about creating relationships and being a human becoming. We are walking this journey together, and I am grateful for the gifts you all have given me in the short time we have been together and as the uncertainty of my past fades away, I look forward to what the rising sun will reveal.

*Ann* ✝

## Christian Formation for Children

**C**hristian Formation for the children of St. Andrew's By-The-Lake takes place on Sundays for elementary (K-4th grade) except on Youth/Family Sundays. We are excited to have a combination of Godly Play with Bible stories and activities that help support SABTL outreach. This fall we will learn about Jonah, Noah, other Old Testament stories, and the Ten Commandments with JoAnne Axtell and Liz Maeshima.



The middle school children will have a series of Bible Stories and be matched with a mentor due to the small class size.

Please sign up on the Education Board or talk with Sally if you're interested in teaching beginning in January or caring for little ones in the nursery.

*Train a child in the way he should go, and when he is old he will not turn from it.*  
—[Proverbs 22:6](#)

Submitted by Sally Buck

## Reader's Choice Book Club of St. Andrew's October 4



**R**eading, fiction and/or non-fiction, is a big part of many of our lives. If it is an important part of your life and you are available on Friday, October 4<sup>th</sup> please join us at Porter's Restaurant. We meet at Noon, take turns talking about our latest good book, and have a great lunch. Our meeting lasts about an hour. If you are new to the group and love to read call or email Sandy Carlson for more details at 723-1181 or [carlzimm@msn.com](mailto:carlzimm@msn.com).

Submitted by Sandy Carlson

## Blessing of the Animals

October 6, 2013 at 9:45 a.m.

**S**t. Francis is famous for saying, "Preach the Gospel, if necessary, use words." On **October 6<sup>th</sup>** we will put our ability to preach the Gospel without words to the test. As part of our Sunday mornings worship, we will Bless all the animals we possibly can.

I encourage you to bring your pets, bring your friends pets, bring you friends too, if they are willing to come. Spread the news, so we can have all the dogs, cats, lions and lambs we can find. Let us recreate the Peaceable Kingdom from Isaiah. Or not. Bring your stuffed animals, your memories of beloved pets who have died and their pictures; all will be welcome to receive a blessing on that day.



Please bring your pets on a leash, if appropriate. Treats will be provided for pets and their human companions.

Any donations of pet food and/or kitty litter for the CHUM Food Shelf would be greatly appreciated.

## CHUM Bag Lunch Sunday

October 13



**O**ur next CHUM Lunches Sunday is October 13. We make 90 sack lunches for the Hillside Drop-In Center.

Three or four volunteers are needed to make brownies in advance. Mixes and snack bags for packaging will be available next week.

Submitted by Liz Benson Johnson

## Green Team Meeting

October 13

**T**he next Green Team meeting will be on Sunday, October 13<sup>th</sup>. The purpose of the meeting will be to get the MEESC Green Team application completed.

Then there will be time to work on longer range ideas. We are finishing the MEESC certification, but we will continue to be a community with Eco concerns.



## Honoring our Immigrant Heritage

October 20<sup>th</sup> Due Date



**E**ntries for our new exhibit, "Honoring our Immigrant Heritage", are due on Sunday, October 20<sup>th</sup> but they will be accepted in the Mission Hall anytime beginning the first week in October. Each entry must be ready for hanging and include a brief written story. Joan Hunn has volunteered to type all written commentaries for uniformity in appearance. Thank you Joan!

Each person/family will be given a small wall space for items that show a connection to their immigrant heritage, e.g. photos, a recipe, document, letter, or anything that can be hung on the wall. Please sign up now to take advantage of this opportunity to honor your ancestors by sharing your great immigrant story. If you need a frame or assistance of any kind we can help you.

Submitted by Arlene Renken

# Bishop's Committee Meeting

October 20



The next Bishop's Committee meeting will be held **Sunday, October 20<sup>th</sup>** immediately following our morning service until 12:30 p.m.

# Ladies' Night Out

October 21

**O**ur next Ladies' Night Out will be on Monday, October 21<sup>st</sup> at 6:30 p.m. (note time change) at the Duluth Grill. If you would like to join us, please call Elena Knezevich at 724-2939 or email [eknezevich@hotmail.com](mailto:eknezevich@hotmail.com) by Sunday, October 20.



Submitted by Elena Knezevich

# Celebration of New Ministry

October 24



**B**ishop Prior will be at St. Andrew's to install Aron as our Vicar at 6 p.m. on Thursday, October 24<sup>th</sup>.

If you would be willing to be part of a planning committee for the event, please talk to Aron, we will need a worship planning task force and a hospitality team as well.

# Saturday Stitchers

October 26

**I** think we need a new name! Our "hands-on" group is not just for knitters, quilters, needle workers, or those who crochet. If you enjoy working with your hands in the arts and crafts this is the group for you. Men and women are invited to join this lively and friendly group. Please feel free to bring a friend—the more the merrier!

We meet on the last Saturday of the month at St. Andrew's, in the Mission Hall, from 9:30 to 2 p.m. Our October 26<sup>th</sup> host is yet to be determined but she/he will provide the main dish. Please bring a side dish to share.



For more information contact Sandy Carlson at 723-1181 or [carlzimm@msn.com](mailto:carlzimm@msn.com).

## Green Team Report

The Green Team met on September 22<sup>nd</sup> to finalize plans for submitting our application for the third (and final!) MEESC Green Team award. We hope it can be finished and awarded at church on Sunday, October 20<sup>th</sup>.

You may have noticed some of the projects that have been active in the past few months. The **Bike/Walk to Church** this summer (from May 29 to September 22) logged 279.3 miles of biking or walking to church. That's about five trips up the North Shore!



Work was done in the churchyard on the dune hillside to remove invasive box elder and buckthorn plants (Tim White worked on this one) and it was replanted with native white pine seedlings (Kinnan Stauber, Ellie Alspach, and Eliot and Naomi Kramer worked on this).

Our September Welcome Back potluck dinner featured dishes made from garden harvest produce and was a big success.

Other things that are in the works include the annual Blessing of the Animals on October 6<sup>th</sup> and using eco-friendly cleaning products at church.

Submitted by Margaret Handley and Ellen Pillsbury

## Peace and Justice Committee

The Peace and Justice Committee is starting to plan another CHUM dinner. Ginny Berger will be in charge of cooking again, and Margaret Handley will organize serving the dinner. We're looking at the end of October or into November, as this Grains of Sand goes to press. Please watch the Sunday bulletin and look for the sign-up sheet at church. Thanks for your ongoing support!



Submitted by Margaret Handley

## The "Flesh" of the New Pope?

Disused church buildings should be used to house refugees, who must be embraced rather than feared, Pope Francis told asylum seekers in Rome. Turning empty convents and monasteries into hotels has raised money for the church, but also attracted criticism. "Empty convents and monasteries should not be turned into hotels by the church to earn money," Francis said in a speech released to the new media. The church's buildings, he said, "are not ours, they are for the flesh of Christ, which is what refugees are."

(Reuters - New York Times)



Submitted by JoAnne Axtell

# Church Directory Update

Change of address and updates

Kathy Hanten  
4902 Kingston St.  
Duluth, MN 55804  
Cell: 218-428-1356



Kaley Malban  
931 Orchard Ave  
St. Paul, MN 55103  
Phone: 218-428-1358  
[kmalban@gmail.com](mailto:kmalban@gmail.com)

Please remove Jack Malban's name from your directory.

Traci Reynolds has a new email address:  
[icart321@charter.net](mailto:icart321@charter.net)

# Scholarship Award

Congratulations to Abby Anderson the recipient of a \$500 scholarship from the Episcopal Church Women of the Diocese of Minnesota. Abby is attending St. Catherine University in St. Paul.

Submitted by Mary Anderson



# Confirmation/Youth Event Schedule

October 2013



- 10/6**, 9:45 a.m. to 10:45 a.m.—Confirmation—In Church (Youth will be greeters, Acolytes, Chalice bearers, take the collection, do the readings)  
**10/13**, 9:30 a.m. to 10:30 a.m.—Confirmation Class. Help with CHUM bag Lunches after Church.  
**10/18—10/20**, TEC (Hibbing or Duluth)  
**10/27**, Self Reflection—Youth can choose to spend time in reflection at home or in Church.

## November 2013

- 11/3**, 9:45 a.m. to 10:45 a.m.—Confirmation—In Church (Youth will be greeters, Acolytes, Chalice bearers, take the collection, do the readings)  
**11/10**, 9:30 a.m. to 10:30 a.m.—Confirmation Class. Help with CHUM bag lunches after Church.  
**11/10**, 12 p.m. to 3 p.m.—All Youth Event. (Hot dog roast, games...)  
**11/17**, Self Reflection—Youth can choose to spend time in reflection at home or in Church.  
**11/24**, 9:30 a.m. to 10:30 a.m.—Confirmation Class.

## December 2013

- 12/1**, 9:45 a.m. to 10:45 a.m.—Confirmation—In Church (Youth will be greeters, Acolytes, Chalice bearers, take the collection, do the readings)  
**12/8**, 9:30 a.m. to 10:30 a.m.—Confirmation Class. Help with CHUM bag lunches after Church.  
**12/15**, Self Reflection—Youth can choose to spend time in reflection at home or in Church.  
**12/22**, 9:30 a.m. to 10:30 a.m.—Confirmation class.

Submitted by Brian Lundberg

# The 156<sup>th</sup> Convention of the Episcopal Church in Minnesota

September 27—28, 2013

The convention theme: **"All God's Children"**

- The proposed changes to the Constitution and Canon were unanimously voted in. The changes were mostly word changes for clarification.
- The budget for 2014 was approved. It is a balanced, fully funded budget.
- Standing Committee: Brad Edstrom from Trinity, Hermantown was voted in as a Lay Delegate.
- General Convention Deputy: Gail Shetty, St. Mary's, Ely was voted in as a Lay Delegate.
- Eucharist Saturday morning: The collection of \$3,800 will go to the "Children's Defense Fund of Minnesota"
- There were 33 faith communities who took part in the Mama Ada project with a total of a little more than \$60,000 raised.
- The state was divided up into different regions and Duluth was included in region 3:
  - 19% of the children living in region 3 live in poverty

In Minnesota:

- 15% of children live in poverty
- From 2000-2010, the children living in poverty increased by 62% statewide
- The median family income is declining
- Nearly half of the children living in poverty are American Indian and African American
- 81% of the families have all resident parents in the work force but their wages are not great enough to get them out of poverty
- The average cost of childcare for two children is \$1,300 a month—a huge problem for families

The theme for 2014 is Mission Opportunities: Engaging God's Children in Our Neighborhoods .  
[missionopportunity2014.org](http://missionopportunity2014.org)

Submitted by Sandy and Gene Carlson

# **A** dult Education Coming Soon to St. Andrew's

Watch the October bulletin for more details.

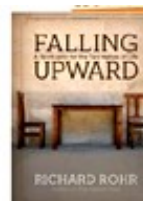
# **E** piscopal House of Prayer Comes North!

*(There are only three openings left)*



***Falling Upward: The Spirit of Retirement***

Saturday, November 16 (9:00 a.m. to 4 p.m.)  
Sunday, November 17 (1 p.m. to 4 p.m.)



**For more information or to register:** Call McCabe Renewal Center (724-5266).

**The Episcopal Mission  
of St. Andrew's  
By-The-Lake**

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The Rev. Aron Kramer

**Email:**

aronkramer@gmail.com

**Blog:**

[www.aronkramer.blogspot.com](http://www.aronkramer.blogspot.com)

**Twitter:** @aronkramer

**Office:** 218-727-1262

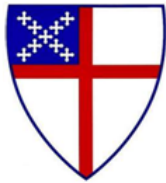
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Suggestion/comments appreciated.



*A People  
on the Way  
to  
knowing,  
loving,  
and  
serving God.*

We're on Facebook  
and the Web!  
[standrewsbythelake.org](http://standrewsbythelake.org)

## **C**onfirmation Preparation Classes

Confirmation classes will begin **Sunday, October 13**. We are asking our young people to commitment to attending three Sundays per month. Two Sundays will be dedicated to Confirmation prep and one Sunday will be in Church taking active roles in the service and helping out with CHUM bag lunches afterwards. We will be using the Confirm Not Conform (CNC) curriculum as well as the book "My Faith My Life".

Fr. Aron and I are in the beginning stages of discussing other community events that will be planned as part of the Confirmation Process along the way (i.e. Urban Adventure, Madeline Island Camping Trip, Pilgrimage, Mission Trip...).

## **Youth Group**

We will hold youth group events once every three months that will include ALL youth of St. Andrew's. The CNC participants will host these events. Our first scheduled Youth event will be a hot dog roast and games on **Sunday, November 10** from 12 p.m. to 3 p.m.

*\*See page 6 for the October—December schedule.*

**The November Grains of Sand Deadline is  
Friday, October 25.**